



ATHLETIC TRAINERS IN THE WORKFORCE

Multi-Faceted Healthcare Professionals

WHO ARE ATHLETIC TRAINERS?

Athletic trainers improve functional outcomes and specialize in patient education to prevent injury and re-injury, which translates to reduced health care costs and lower absenteeism from work or school. Think of an athletic trainer as an investment to any team.



Must graduate from an accredited educational program and pass a comprehensive certification exam.



Are not personal trainers. Unlike fitness instructors, ATs follow a medical-based model of care.



Must keep their knowledge and skills current by participating in continuing education.



Middle schools and high schools



Colleges and universities



Professional and amateur sports organizations



Hospitals and clinics



Corporate workplaces



Military



Police and fire departments



Performing arts

70% OF ATHLETIC TRAINERS HOLD A MASTERS DEGREE OR HIGHER

44% OF SECONDARY SCHOOLS IN CALIFORNIA DON'T HAVE AN ATHLETIC TRAINER.

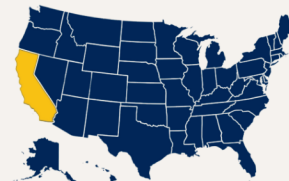
ATHLETIC TRAINERS TREAT:

ORTHOPEDIC INJURIES
CONCUSSION
HEAT STROKE & HEAT ILLNESSES
SUDDEN CARDIAC ARREST &
CARDIAC EMERGENCIES

EATING DISORDERS
INFECTIOUS DISEASES
DIABETIC EPISODES
EXERTIONAL SICKLING
EARLY ONSET OSTEOARTHRITIS
DENTAL & ORAL INJURIES

SUBSTANCE ABUSE
DISEASE TRANSMISSION
WEIGHT MANAGEMENT
ENVIRONMENTAL & WEATHER-RELATED HEALTH CONDITIONS

CALIFORNIA REMAINS THE **ONLY** STATE WITH NO REGULATION FOR ATHLETIC TRAINERS.



REFERENCES

Learn more at www.atyourownrisk.org/advocacy/california